



REVIEW ARTICLE

Atherosclerosis and Cancer; A Resemblance with Far-reaching Implications

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Atherosclerosis and cancer are chronic diseases considered two of the main causes of death all over the world. Taking into account that both diseases are multifactorial, they share not only several important molecular pathways but also many ethiological and mechanistic processes from the very early stages of development up to the advanced forms in both pathologies. Factors involved in their progression comprise genetic alterations, inflammatory processes, uncontrolled cell proliferation and oxidative stress, as the most important ones. The fact that external effectors such as an infective process or a chemical insult have been proposed to initiate the transformation of cells in the artery wall and the process of atherogenesis, emphasizes many similarities with the progression of the neoplastic process in cancer. Deregulation of cell proliferation and therefore cell cycle progression, changes in the synthesis of important transcription factors as well as adhesion molecules, an alteration in the control of angiogenesis and the molecular similarities that follow chronic inflammation, are just a few of the processes that become part of the phenomena that closely correlates atherosclerosis and cancer. The aim of the present study is therefore, to provide new evidence as well as to discuss new approaches that might promote the identification of closer molecular ties between these two pathologies that would permit the recognition of atherosclerosis as a pathological process with a very close resemblance to the way a neoplastic process develops, that might eventually lead to novel ways of treatment.

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Introduction

Nowadays it is well established that although industrial development has represented a substantial progress for mankind, it has also promoted a notable increase in chronic pathologies including cardiovascular disease and cancer, both considered among the top causes of morbidity and mortality around the world (1–3). In this respect, atherosclerosis and cancer considered diseases that arise from multiple factors are consolidated along different stages in their development where different factors might be related to their origin, including; genetic, nutritional, psychosocial and environmental conditions (Figure 1). Cardiovascular diseases are primarily a result of complications

promoted by atherosclerosis, defined as a chronic and progressive inflammatory state caused by an immune response correlated to an uncontrolled proliferation of vascular smooth muscle cells, endothelial cells and *in situ* macrophages (4,5). As an outcome, the progression along the different stages of the disease commonly ends in a thrombotic process that might lead to myocardial infarction or stroke (6–12). Interestingly, the development of cancer as a multifactorial disease also takes place through an alteration of molecular events catalyzed by the same factors previously mentioned for atherosclerosis and where their initiation and evolution could take years to develop (13). Therefore, although these two pathologies have been in the past considered to be unrelated, by performing a thorough analysis of the molecular manifestations in both diseases, important similarities have become clear showing evidence of a tight relationship (14,15). This analysis is particularly relevant when the identification of potential targets for therapeutic use comes into play.

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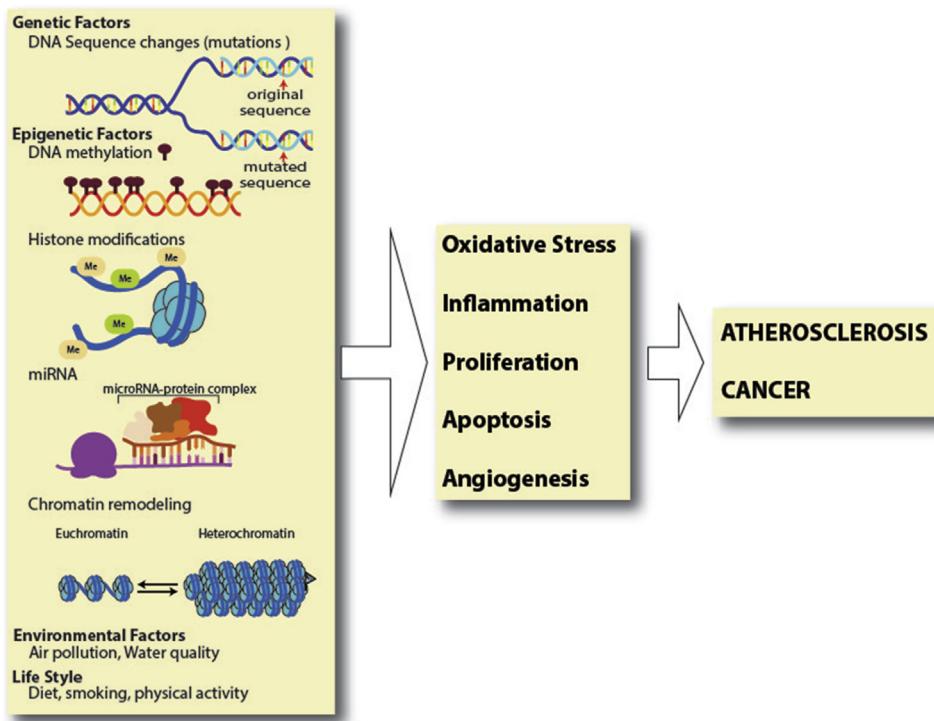


Figure 1. Factors involved in the early stages and development of atherosclerosis and cancer. Among the important similarities found in both multifactorial diseases, the identification of changes in the DNA sequence in close correlation to epigenetic modifications, can be transmitted across generations in relationship with key environmental factors. These external factors can by themselves start or potentiate anomalous processes evidenced in the long-term as oxidative stress, inflammation, aberrant apoptosis, uncontrolled cell proliferation and angiogenesis.

One of the most important characteristics in both diseases is uncontrolled cell proliferation favoring the establishment and severity of lesions in the later stages of both diseases (16,17). Deregulation of cell proliferation in many cases promoted by an oxidative stress condition, allows the development of the atherosclerotic plaque and also the establishment of different types of cancer (14,17,18). Other alterations that contribute to the development of both diseases are related to changes in cell adhesion molecules, an altered expression of proteases linked not only to the formation of plaque but also to tumor invasion, metastasis initiation (15) and the modulation of angiogenesis, an important process in both pathologies directly related to the expansion of the atherosclerotic plaque and tumor formation (17).

Inflammation

The process of inflammation is recognized as the initial response by cells to harmful stimuli and induced by the migration of leukocytes from the blood to a damaged tissue. The stimulus triggers a cascade of biochemical events that are propagated and enforce the inflammation response involving the local microvascular system, including the immune system, the connective tissue and parenchymal cells

within the microenvironment of a damaged tissue (19–21). The inflammatory process during atherogenesis is mediated by monocyte migration to the vessel wall, a key event in the growth of an atherosclerotic lesion. Through differentiation, monocytes establish themselves as macrophages and eventually as lipid-rich foam cells (22,23). Macrophages derived from monocytes recognize and internalize oxidized lipoproteins via scavenger receptors where lipid-rich foam cells contribute to the development of the necrotic nucleus, a key element of the vulnerable atherosclerotic plaque. At a molecular level, the presence of cholesterol crystals also activates the inflamasome releasing IL-1 β cytokines considered important mediators of inflammation (24–27) (Table 1) (Figure 2). On the other hand, monocyte-derived macrophages often found as host cells in tumors, operate as components of an inflammatory response that builds a supporting stroma (49) that takes part in tumor growth (27,50,51). These processes carried out by activated neutrophils, monocytes, endothelial cells and macrophages provide the pro-inflammatory response of damaged tissues (20,27,52).

In cancer, inflammation is manifested by tissue infiltration of inflammatory cells that include macrophages, B and T lymphocytes, natural killer cells, neutrophils, and

Table 1. Agents and inflammatory factors involved in atherosclerosis and/or cancer progression

Agents	Effects	Disease	Reference
Statins	Endothelial cells: decrease expression of VCAM-1, arrest and uptake of circulant monocytes. Inhibition of growth of macrophages and their metalloproteinase activity	Atherosclerosis	(28–31)
Antioxidants Phospholipase A2	Decrease of lipoproteins oxidation Modifies phospholipids of oxLDLs. Increase of oxLDLs and production of non-esterified or oxidized fatty acids and lisophosphatidylcholine	Atherosclerosis Atherosclerosis	(32–34) (35–37)
Leukotrienes pathway Ciclooxygenase	Synthesis of eicosanoids with inflammatory effects Expression of COX1 (all tissues) and COX2 (induced in sites of inflammation) in atherosclerotic lesions	Atherosclerosis Atherosclerosis	(32,38,39) (40–42)
Cytokines produced by inflammatory immune cells TNF- α	Increase of transcriptional activity of NF-K β , STAT 3, and AP1 Promotes DNA damage through oxidative stress. Induces the secretion of VEGF by human fibroblasts, promoting angiogenesis	Cancer	(43–45)
IL-6	Promotes proliferation and apoptosis, induces oxidative stress	Cancer/atherosclerosis	(46)
TGF- β	Promotes tumoral growth	Cancer	(46)

VCAM-1, molecule 1 of vascular cellular adhesion; VEGF, vascular endothelial growth factor.

granulocytes (53). Macrophages and T cells are the predominant inflammatory cells since they are responsible for the secretion into the microenvironment of large amounts of inflammatory cytokines, proangiogenic factors and reactive oxygen species (ROS) (20).

Moreover, oncogenic changes initiated through the induction of several inflammatory pathways mediated by cytokines and prostaglandins have been found (54,55). Tissue infiltration of monocytes has been reported not only to promote tumorigenesis by inhibiting specific protective immune responses, but in several cases also activating the exactly opposite effect, meaning activating an antitumor response (56). In accordance to this phenomenon, parallel events take place when a cascade of biochemical events, on the one hand consolidate the inflammatory response, and on the other, trigger what can be considered a series of recovery mechanisms (57). For instance, the proangiogenic vascular endothelial growth factor (VEGF) is overexpressed with the concomitant development of new blood vessels that tend to improve an adequate supply of oxygen and nutrients, necessary for tissue repair and regeneration (20). The release of several other growth factors warranty an optimal cell cycle function and therefore the development of cell proliferation (27).

When the beneficial effects of an initial inflammatory response are not terminated on time, becomes a chronic process with deleterious effects both in atherosclerosis and cancer. For instance, a downregulation of pro-inflammatory molecules such as leukotrienes appears in parallel to an upregulation of anti-inflammatory molecules such as tumor necrosis factor (TNF) and interleukin 1 receptor antagonist (58). Also it has been observed that during this transition, a release of transforming growth factor

beta (TGF β) from macrophages takes place (59). Although several pro-resolving mediators such as the ones mentioned before share several activation mechanisms in both diseases, the full understanding of the final mechanisms that prevent the establishment of a chronic situation and therefore tissue damage still requires thorough investigation (57).

Oxidative Stress

Oxidative stress that occurs as a result of an imbalance between the production of reactive oxygen species (ROS) and reactive nitrogen species (RNS) in association with a failure of the antioxidant systems responsible for their neutralization, promotes the development of inflammatory processes in different tissues and therefore relevant in the development of both atherosclerosis and cancer (60). Antioxidant molecules such as vitamins, coenzyme Q10, glutathione or phenols all take part in these defense systems along with antioxidant enzymatic systems such as glutathione peroxidase, catalase and mitochondrial superoxide dismutase (SOD) among others. While a high plasma ROS concentration has been observed in late-stage cancer patients, the levels of antioxidant systems such as glutathione peroxidase and SOD are diminished (61,62). Nevertheless, given that oxidative damage is accumulated over the life cycle of cells, it has been associated to the origin of both diseases (63,64).

ROS are oxygen-derived metabolites of endogenous and/or exogenous origin, characterized for being partially reduced and considered electron acceptors, characteristic that interferes with the structure and/or function of macromolecules (65,66). The main endogenous source of ROS is

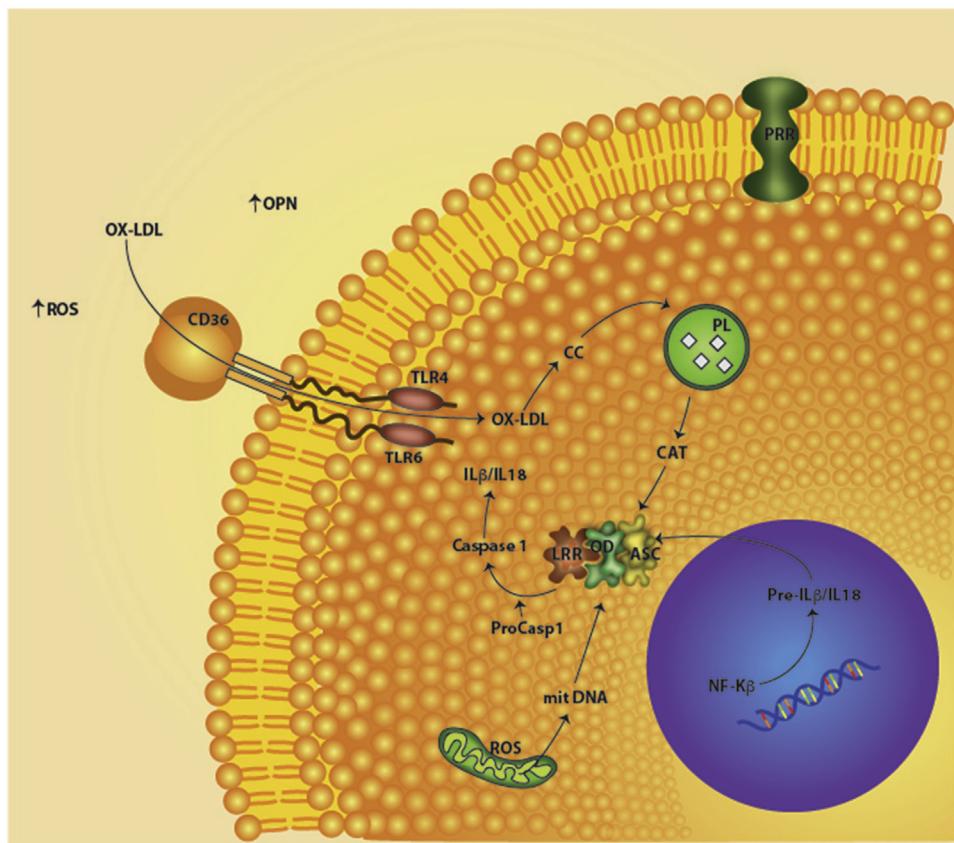


Figure 2. Mechanisms involved in the activation of the inflammasome in atherosclerosis and cancer. In the case of atherome formation, a tissue environment associated to high oxidative stress conditions rich in reactive oxygen species (ROS), osteopontin (OPN), circulating oxLDLs and high cholesterol levels, promote further oxidation of LDLs and accumulation of cholesterol crystals (CC) for instance in vascular endothelial cells. This environment also contributes to the activation of the inflammasome when receptors such as the B-type scavenger receptor CD36 associated to oxLDL results in the formation of the signaling complex CD36-TLR4-TLR6. CD36 also allows the internalization of oxLDL and prompts the accumulation of CC inside cells. These crystals are uptaken by phagolysosomes (PL) that in turn induce the synthesis of cathepsins (CAT) and the activation of the multimeric protein complex LRR/OD/ASC (inflammasome NLRP3). When the mechanisms that control autophagy fail, the accumulation of ROS in the mitochondria allows the release of DNA to the cytoplasm contributing also to the activation of inflammasome NLRP3. Pro-caspase-1 is recruited by a specific domain in the inflammasome (caspase recruitment domain, CARD) in the ASC component, to express the active enzyme that in turn promotes the activation of interleukines such as IL/ β IL-18. Inside the nucleus, basal levels of NF- κ B increase, controlling the expression of pre-IL- β and several genes associated to processes involved in proliferation and therefore with the progress of diseases such as atherosclerosis and cancer. Other signals like an increase in the levels of intracellular calcium can also be involved in the activation of the inflammasome. This type of mechanism can also be sensed and triggered by a group of receptors generically known as pattern-recognizing-receptors or PRR that recognize molecular patterns associated to immunological responses to pathogens (PAMPs) or damage associated molecular patterns (DAMPS). NBD/LRR/ASC: nucleotide-binding domain/Leu-rich-repeat/apoptosis-associated speck-like protein containing caspase recruitment domain (CARD) and N-terminal pyrin-domain (PYD).

the mitochondrial respiratory chain, associated with enzymatic reactions catalyzed by the NADH/NADPH oxidase, xanthine oxidase and nitric oxide synthase (67,68). When leukocyte chemotaxis takes place during the early formation of an atherosclerotic lesion, xanthine oxidase and nitric oxide synthase also contribute to the damage of smooth muscle and endothelial cells in the vascular wall (63,69).

ROS production has been also linked to other cardiovascular risk factors such as hyperlipidemia, hypertension and smoking (70). Oxidative stress associated to endothelial dysfunction, local inflammation, tissue remodeling, plaque formation and smooth muscle growth (71), has also been related to the production of mitogens and growth factors

that may stimulate cell proliferation in early atheromatous lesion sites (72–74). In this context, from the transcriptomic point of view, our group has shown that human vascular smooth muscle cells (hVSMC) exposed for a short incubation time with chemically oxidized LDLs (oxLDL) present a very much similar molecular response as cells exposed to normal non-treated LDL particles for long periods of incubation (75). In the long-term, the exposure of these cells to oxLDL promotes among other proteins, the overexpression of osteopontin, a versatile protein related not only to oxidative stress, but also to vascular calcification (76). Since osteopontin corresponds to a glycoprotein secreted by activated macrophages at sites of inflammation interacting

with a series of cell surface receptors, such as several integrins and CD44 stimulating cell adhesion and migration, its participation in cancer and the process of metastasis has been also found.

On the other hand, oxidative stress in cancer has been tightly related to DNA instability and hyper-methylation as well as DNA mutation repair genes, loss of heterozygosity and point mutations of DNA microsatellites (18,64,77). It is tightly associated with the deregulation and shortening of the cell cycle and reduces the opportunity for cells to repair DNA mutations before the transition from phase G1 to S takes place. Consequently, oxidative stress considered an effector of several genetic mutations that antagonizes the correction to a normal status of affected cells, is recognized as a contributing factor in the development of atherosclerosis and cancer.

Uncontrolled Proliferation

Cell division and programmed cell death are two of the predominant physiological processes regulating tissue homeostasis, where deregulation of one of them provokes the development of several diseases including cancer and atherosclerosis. The cell cycle as the main process that controls cell proliferation (78) involves numerous endogenous factors that interfere positively or negatively with its progression directed and coordinated in time by the synthesis, activation, inhibition and degradation of several regulatory proteins such as cyclins and cyclin-dependent kinases (CDKs) (79,80).

On the other hand, clonal proliferation of endothelial, smooth muscle cells and macrophages, promote the development of the atherosclerotic plaque and in several tissues stimulate the development of several types of cancer (81,82). Concurrently, the cell cycle studied in different types of cancer cells has shown deregulation in several control points as the G1-S transition, one of the main causes of accelerated cell growth and accumulated mutations. Since clonal expansion within the malignant cell population is fundamental for primary tumor growth and the subsequent cell invasion of other tissues, several authors have also considered DNA instability and cell cycle deregulation related to clonal expansion to be also important in the development of atherosclerosis.

Angiogenesis

The process of angiogenesis has been described as a group of biochemical events involved in the development of new vessels in a determined tissue where many genes and their products related to both pro and antiangiogenic effects coexist in a very fine equilibrium. Since the formation of micro-vessels in an atherosclerotic lesion contributes to the development of plaque, the formation of micro-vessels stimulated by hypoxia, the hypoxia-inducible factor (HIF) and the presence of ROS have been thoroughly

investigated in atherogenesis (83). It has been reported that these intra-plaque micro-vessels represent an entry point for molecules and cell components such as erythrocytes, inflammatory cells and lipoproteins (84). These micro-vessels named *vasa vasorum* considered important in the tunica adventitia, supply oxygen and nutrients at the same time of draining waste products from the vessel wall (83).

The process of angiogenesis presents both beneficial and detrimental effects in atherosclerosis. For instance, an increased angiogenesis can be a favorable sign in the recovery of an ischemic tissue in events like myocardial infarction or lower limb necrosis (85). Considering that the progression of the primary atherosclerotic lesion requires angiogenesis, it is known that the expansion of plaque and its risk complications such as rupture or vascular thrombosis depends on this mechanism (86,87). On the other hand, tumor vascular development is also important for proliferation in processes such as metastatic expansion since cancer cells depend on an adequate supply of oxygen and nutrients for this phenomenon to occur, where new blood and lymphatic vessels are formed through angiogenesis and lymphangiogenesis (88). Angiogenesis is regulated by a variety of activating and inhibiting regulatory molecules (Table 2) where, for example, the presence of an angiogenic factor might reflect the aggressiveness of tumor cells (92) and normally considered as a variable for a negative prediction, such as in the case of breast and prostate cancer (93).

MicroRNAs in Atherosclerosis and Cancer

MicroRNAs (miRNAs) are a class of highly conserved, non-coding small RNAs that regulate gene expression on the post-transcriptional level by inhibiting the translation of proteins or by promoting the degradation of mRNA (94). Following a process of gene repression, miRNAs bind to complementary sequences in the non-translated 3' region (3'UTRs) of target mRNAs avoiding translation (95). MiRNAs have been detected in human plasma where they are protected from endogenous RNase activity due to their location in microvesicles and their association with plasma components such as protein/lipoprotein miRNA complexes (96). They play an important role in gene regulation by acting as repressors or activators, since a single miRNA may have various genes as targets and several miRNAs may share the same target (97). Another regulating pathway in the expression of miRNAs, corresponds to the level present for several processing components, such as ribonuclease III (RNase III), DROSHA, and DICER 1 (98). In this sense, low levels of these components have been found in several types of cancer, including those associated to the lung, ovary and brain (98). In atherosclerosis and cancer, the presence and regulation of several miRNAs has been also associated to the control of cell proliferation, differentiation and genomic stability among other functions

Table 2. Regulators of angiogenesis

Activators	Inhibitors	Reference
Growth factors: VEGF, FGF, angiogenine, angiotatin, TGF, TNF α , PDGF, HGF, EFG, PGF, GCSF		(89)
Cytokines: IL-1, IL-6, IL-8	IL-10, IL-12	(90)
Proteases and inhibitors of proteases: cathepsine, gelatinases A and B, stromelysin, uPA	Metalloprotease inhibitor, plasminogen activator inhibitor-1	(91)
Copper	Zinc	(90)
Oncogenes: c-myc, ras, c-src, v-raf, c-jun	p53, Rb	(90)
Modulators: integrins α 5 and β 3, angiopoietin-1	Angiopoietin, angiotensine	(89)
Angiostatine II (receptor ATI)	Angiostatine II (receptor ATII)	(89)
Endothelin	Caveolins 1 and 2	(89)
Erythropoietin	Endostatin	(89)
Hypoxia	Interferon α	(89)
Nitric oxide synthase	Isoflavones	(89)
Factor 4 of platelets activation		(89)
Prostaglandin E		(89)
Prolactin (16 kD fragment)		(89)

EFG, epidermal growth factor; FGF, fibroblast growth factor; HGF, hepatocyte growth factor; GCSF, stimulation factor of granulocytes; PDGF, platelet-derived growth factor; PGF, placental growth factor; TGF, transformant growth factor; TNF α , tumor necrosis factor α ; uPA, urokinase-type plasminogen activator; VEGF, vascular endothelial growth factor.

(Table 3). Since miRNAs have been found to regulate the development of atherosclerosis and cancer, it becomes of importance to investigate if similar therapeutic strategies involving miRNAs could apply to both diseases.

Apoptosis

Apoptosis, first described by Kerr et al. in 1972, is characterized by morphological and molecular changes in cells including cell shrinking, membrane vesicle formation and loss of adhesion to neighboring cells (114,115). Biochemical changes include fragmentation of chromosomal DNA into internucleosomal fragments, externalization of phosphatidylserine and associated high proteolytic activity promoted through two induction pathways: a death receptor extrinsic pathway and a mitochondrial pathway (116). The extrinsic or death receptor pathway is triggered by binding of Fas plasma membrane death receptor and other similar receptors such as the tumor necrosis factor receptor 1 (TNFR1), to its extracellular ligand Fas-L. When the

death stimulus appears, Fas-L is combined with Fas to form a death complex Fas/Fas-L which in turn recruits the protein FADD containing a death domain and procaspase-8 (114). On the other hand, the intrinsic pathway promotes apoptosis through the modulation of mitochondrial proenzymes. In this case, the mitochondria become permeable to cytochrome c, which is released into the cytosol. In turn, cytochrome c recruits Apaf-1 and procaspase-9 to compose the apoptosome, which activates the caspase-9/caspase-3 signaling pathway culminating in apoptosis (117). It has been reported that an alteration of the mechanisms that control apoptosis, plays an important role in the development of atherosclerosis and cancer (118).

The process of apoptosis considered a self-regulating event in the life of a cell (119), has been identified as a determining factor in the regression or progression of atherosclerosis (2). This is mainly due to the fact that apoptosis intervenes in the stability of the plaque, controlling the regression of the disease in the early stages of progression (120). On the other hand, apoptosis has been

Table 3. MicroRNAs as regulators of atherosclerosis and/or cancer

microRNAs	Function	Associated disease	Reference
Let7-f, miR-27b and miR-130a	Proangiogenic	Cancer and atherosclerosis	(99–101)
miR-221, miR-222	Inhibition of cellular migration, endothelial proliferation, and angiogenesis	Cancer and atherosclerosis	(94,102,103)
miR-17-92 cluster (miR-17, miR-18a, miR-19a, miR-20a, miR-19b); miR-92a, miR-378	Tumoral angiogenesis	Cancer	(104–108)
miR-155, miR-21, miR-126	Vascular inflammation	Cancer	(94,109,110)
miR-21	Interaction in transductional pathways	Several types of cancer, CVD, e.g. atherosclerosis	(111–113)

CVD, cardiovascular disease.

recognized as an important player in cancer development, since it functions as a molecular tool that cells employ to avoid proliferation of damaged cells. When the process is altered, cells tend to proliferate promoting tumor growth and the subsequent mechanisms that cause a malignant phenotype (121).

Research performed on apoptosis employing macrophages during the early and late stages of atherosclerosis has been carried out using various models with genetically manipulated mice (2). Bone marrow reconstitution in mice lacking pro-apoptotic proteins reduced macrophage apoptosis and increased the size of aortic lesions (122). Another study investigating LDLR-knockout mice has shown the inactivation of an apoptosis inhibitor expressed by macrophages (*Spa*/*Api6*), increasing macrophage apoptosis and therefore inhibiting atherosclerosis (123). Moreover, an investigation studying rabbits with proven hypercholesterolemia, the nitric oxide precursor L-arginine when administered in the intima layer of a vessel, macrophage apoptosis was induced causing the reversion of pre-established atherosclerotic lesions (124). Several studies have also revealed that an excessive accumulation of modified LDLs in cells is capable of provoking endoplasmic reticulum stress and macrophage apoptosis, deregulating Ca^{2+} homeostasis and activating the mitochondrial apoptotic pathway (125). At this stage, it is interesting to mention that palmitic acid upregulates oxidized-LDL receptor 1 and enhances its uptake in macrophages (Figure 2) (125). Recent studies have also demonstrated that serum amyloid A (SAA) may participate in the pathogenesis of atherosclerosis, initiating apoptosis and inflammation through the activation of NF- $\kappa\beta$ (120). In addition, it is worth mentioning that oxysterols as cholesterol metabolites that promote inflammatory and apoptotic mechanisms, are also considered contributing factors in the development of atherosclerosis (126).

Several reports describe alternative splicing mechanisms as possible tools to regulate apoptotic events in both atherosclerosis and cancer (127,128). These processes can be regulated by competition between spliceosomes, splicing sites and splicing factors (127,129,130). Numerous apoptotic factor genes including NF- $\kappa\beta$ and Bcl-2 suffer alternative splicing mechanisms, originating the production of several protein isoforms that in some cases present antagonistic functions; for example, they can function as pro-apoptotic or anti-apoptotic molecules (127). Another example is represented by caspases that correspond to apoptosis effectors present in the cell as inactive pro-caspases, that under specific apoptotic stimuli become activated. Caspase-encoding RNAs may suffer alternative splicing and produce different isoforms, including the three isoforms of procaspase-2 (131). In this sense, our group isolated the cDNA encoding the protein named apoptosis regulating protein 2 (ARP2) from androgen-independent prostate cancer cells (LNCaP) (132). We demonstrated that

the channel forming protein ARP2 promotes apoptosis in LNCaP cells as well as in epithelial cells of the Chinese hamster ovary (CHO), provoking a sustained increased flux of Ca^{2+} across the membrane (132,133). Since by the time we suggested that ARP2 might be potentially forming part of splicing factor Prp8 which has been recently related with the androgen receptor (134), it is possible that ARP2 developing apoptosis could modulate the function of this receptor during cancer development. In support of this possibility, it is known that several splicing factors such as factor SNW1 that make up the spliceosome have been linked to the development of breast cancer (135). Therefore, deregulation of the apoptotic phenomena has been proposed to be an important point to take into consideration in both atherosclerosis and several types of cancer (136). Nowadays, our group is actively studying the possibility that ARP2 might be also participating in the development of apoptosis in cells that form part of the blood vessel, and therefore taking part in the process of atherogenesis.

Calcium Homeostasis

Calcium signals are determined by the coordinated activities of calcium channels, exchangers, pumps and binding proteins that all together are capable of guiding the destination of calcium in the cell and therefore control calcium homeostasis not only in normal cells but also during a pathological process such as cancer or atherosclerosis. The most frequent type of alteration in the homeostasis of calcium is generally evidenced as an increase in the intracellular concentration of this cation, where the epigenetic regulation of gene expression has been associated to Ca^{2+} fluctuations that participate in carcinogenesis as well as atherosclerosis development (137,138). Also, the process of shear stress has been shown to be important during the formation of an atheroma when molecules embedded in the plasma membrane of cells such as the transient receptor potential channels (TRP) sense a change (139). These channels allow calcium entry in the cell and activate multiple receptors and signaling cascades that communicate with the cytoskeleton responsible for maintaining cell structure. Several TRP channels also take part in phagocytic activities (139) relevant to various types of cancer; including prostate, breast, and lung cancer (140,141).

Another regulatory system important in the control of the intracellular Ca^{2+} concentration is the calcium pump supported by a Ca^{2+} -ATPase activity found in the sarco/endoplasmic reticulum (SERCA) and the plasma membrane of cells (PMCA). These systems present the differential expression of several isoforms depending on the type of cancer (142–144) and in the case of SERCA, different isoforms have been shown to play an important role in the control of cytosolic calcium in atherogenesis (145).

Additionally, the calcium-sensing receptor (CaSR), whose activity is linked to G proteins, has been found to

participate in disease processes, including cancer and atherosclerosis (146). In some types of hypercalcemic cancers (prostate and breast), CaSR activation promotes the progress of the disease through the action of the parathyroid hormone-related peptide (PTH-rP), which in turn, induces osteolysis and the subsequent release of bone growth-promoting factors (147). In atherosclerosis, under-expression or complete loss of CaSR associated to vascular smooth muscle cells (VSMC) has been reported in response to vascular calcification (148).

A relevant clinical correlation reported recently establishes that a multiethnic population in remission of several types of cancer (breast, lymphoma, and testicle) shows a higher risk of suffering from events related to coronary atherosclerosis (myocardial infarction, coronary diseases, and angina) (149). Nevertheless, since this correlation was established while tracking coronary artery calcium concentration (CAC) considered a subclinical marker for atherosclerosis, this type of associations has been difficult to be established.

Epigenetics

Epigenetic changes are DNA modifications that affect gene expression and their function without altering the sequence for DNA (150). Epigenetic modifications have been associated to DNA methylation, acetylation and phosphorylation, as well as chromatin remodeling and gene expression mechanisms controlled by small non-encoding miRNAs and long chain RNAs (151–153). Since chromatin remodeling is an important process in the regulation of embryonic cell development, cell differentiation and organogenesis (154,155), the modification patterns for DNA methylation have been associated to inflammation, autoimmune disease, cardiovascular disease and cancer (156–158).

Although the main epigenetic change in mammals is considered to be DNA methylation and specifically the modification of histones (159), mechanisms that involve miRNAs and long chain RNAs in the regulation of gene expression have been also included within the epigenetic changes that could influence the development of disease (160). DNA methylation involves the addition of a methyl group at the site of C5 cytosine residues within the CpG di-nucleotide, where only a fraction of cytosines are physiologically methylated in the mammal genome (161,162). S-adenosylmethionine (SAM) acts as a methyl donor in the methylation reaction, which is catalyzed by the DNA methyltransferase (DNMT). This DNA methylation reaction is catalyzed by at least 3 DNMT's that add methyl groups into the C5 cytosine ring to form 5-methylcytosine (151). During the S phase, DNMT's found in the replication fork, copy the methylation pattern of the parent strand on the daughter strand and creates heritable patterns that can be copied over many cycles of cell division (151).

Cytosine methylation changes the structure of the major groove of DNA and interrupts the adhesion of DNA binding proteins and transcription factors. In general, methylated genes at specific sites (for example, upstream of the promoter region) are not transcribed to mRNA or are transcribed at a smaller scale, consequently, translation is also decreased (163).

There are two levels of methylation present in tumors: hypo and hyper-methylation. In hypo-methylation, DNA of malignant and benign tumors show decreased levels of methylation when compared to adjacent normal tissues. This mechanism that is associated with an increased transcription and proto-oncogene expression, stimulates malignant cell growth, and in addition, can precede mutation and deletion events. Hyper-methylation is associated with gene silencing and in the case of cytosine, occurs in the promoter region of tumor suppressor genes, such as DNA repair genes or genes that negatively control cell proliferation. It has been reported that hyper-methylation events are already evident in several inflammatory lesions that might predispose precancerous stages as well as being present in benign tumors (164).

Epigenetic processes such as DNA methylation have been also described in atherosclerosis, where hypo-methylation has been detected in early stages of the disease (165). In human atherosclerosis, hypo-methylation of genes that code for the estrogen α and β receptors (ESR1 and ESR2) in smooth vascular cells is considered an atheroprotective event (166,167). In cultured aorta and coronary artery segments with different degrees of atherosclerosis, it has been shown that methylation of the gene that codes for the monocarboxylic transporter (MCT3) suppresses transcription and allows smooth muscle cell proliferation (168).

It has been also shown in the human, that prenatal exposure to tobacco alters the methylation patterns of specific genes associated to premature cardiovascular disease (160). Methylation of the Alu-Yb8 repetitive element has been shown to be associated to the exposure of tobacco during prenatal stages of development, closely related to the effect observed upon methylation of LINE1 that depends on the absence of the glutathione S-transferase P (GSTP1) detoxifying enzyme (169). Variations in the level of these detoxifying genes may modulate the effects of exposure *in utero* through epigenetic mechanisms (160). DNA methylation that occurs in the endothelial cell plays a critical role in directing the expression patterns of numerous genes, such as the one that codes for the nitric oxide synthase 3 (NOS3) (170).

Newman et al. (1999) suggested that abnormal DNA methylation of the vascular cell may contribute to atherosgenesis (171), where an increased level of homocysteine inhibits the synthesis of SAM promoting global vasculature hypo-methylation (172). Other results have shown that the homozygous knockout for the methylen-tetrahydrofolate

reductase (MTHFR), a gene that codes for an essential enzyme required for SAM generation, may result in hypo-methylation of aorta cells (173).

Cardiac hypertrophy (CH), which has been associated with histone acetylation, involves histone acetyl transferases (HATs) and histone deacetylases (HDACs). Since HAT activity appears to have a positive effect on CH, therefore the overexpression of transcriptional coactivators of HAT such as the CREB-binding protein (CBP) and p300 produce hypertrophy in cardiomyocytes. On the other hand, the overexpression of a mutated CBP and HAT lacking p300 does not produce this hypertrophy (174). While in neonate cardiomyocytes HDAC activity has been reported in pro and anti-hypertrophic pathways, the overexpression of miR-23a, miR-23b, miR-24, miR-195, and miR-214 induce CH, whereas overexpression of miR-133 inhibits the phenotype (175,176).

Therapeutic Considerations

Nowadays, atherosclerosis is considered a chronic inflammatory disease related to an abnormal stimulus to the endothelium mostly given by conditions such as dyslipidemia, hypertension, diabetes, and obesity. These conditions have also been considered as predisposing risk factors for cancer development. Therefore, the elevated presence of pro-inflammatory-systemic molecules, such as interleukins (e.g., IL-6), C reactive protein (CRP) and TNF- α (177–180) have been associated with both, cardiovascular disease and the presence of several malignancies, especially of the epithelial type (e.g., prostate, colon, ovary, lung) (181,182).

In general, there seems to be an inverse association between atherosclerosis and cancer closely related to the type of cancer and the type of chemotherapy employed. For instance, tumors treated with oxazaphosphorines and pyrimidine antagonists have been associated with a lower incidence and presence of atherosclerotic lesions (183).

As in atherosclerosis, the presence of pro-inflammatory agents affects the behavior of different components of a tumor cell and the interactions that might occur between them. In fact, many of the active signaling cascades present in the endothelial tissue affected by atherosclerosis are present in an exacerbated way in cancer. Such cascades allow the counteraction of molecules that normally induce apoptosis and suppress the ability to inhibit the recognition by the immune system; therefore, leading to the acquisition of resistance, uncontrolled proliferation and metabolic adaptation (184). For years now, although there is evidence linking inflammation and chronic infection with the process of atherogenesis (185,186) both experimental and epidemiological evidence closely correlate these processes to the genesis of several epithelial cancers with associated risk factors such as smoking and dyslipidemia (178).

Changes in the concentration of free cholesterol in the plasma membrane of cells affecting the formation of lipid rafts and caveolae can be directly correlated to the function of key receptors, such as the epidermal growth factor receptor (EGFR), members of the TNF receptor family and also the TRAIL receptor that correlates well in both atherogenesis and cancer development (187). In many cases, depletion of membrane cholesterol induced by the action of statins inhibiting the HMG-CoA reductase would disturb the formation of microdomains, such as membrane lipid rafts and caveolae, affecting the functionality and localization of receptors (188). This situation has been correlated to the therapeutic response as well as prognosis of several types of cancer (189–191).

In this respect, many studies supporting the effect of statins upon atherosclerosis are based on the effect they exert on the synthesis pathway of cholesterol and specifically on the activity of the enzyme HMG-CoA reductase (188,192,193). Related to this finding, there is evidence suggesting that in certain types of cancer, statins may affect the metastatic capability and invasiveness of tumors (194–196). At this stage it is interesting to mention that combined immunotherapies employing gefitinib or trastuzumab or chemotherapies employing cisplatin or doxorubicin, when combined with the use of statins, can yield a greater therapeutic response in gastrointestinal and lung cancers (197–199). The synergistic induction of cytotoxicity employing immune- or chemo-therapy in conjunction with statins has shown an improved survival rate in patients with ovarian cancer receiving only statins as a way to prevent a negative cardiovascular event (188,200).

It seems that the sensitization outcome of the combined treatment in the presence of statins might have changed the correlation structure/function of receptors located in the plasma membrane of the tumor cell, affecting ion transport and the binding and movement of drugs in and out the cell. On the other hand, although there seems to be no conclusive experimental evidence to support an increased risk of developing cancer among patients being treated with statins (201), epidemiological data shows that a prolonged use of statins may increase the incidence of specific types of cancer, such as hepatocellular carcinoma and thyroid cancer. Moreover, novel therapeutic approaches of statins, independent of the clear effect they exert upon the HMG-CoA reductase, they influence heme oxygenase 1 (HO-1) and HO-1-related signaling pathways, i.e., activator protein (AP)-1, protein kinase G (PKG), extracellular matrix-regulated kinase (ERK), p38 MAPK, and NF κ B in vascular epithelia (202).

In this respect, our laboratory has reported that changes in the concentration of cholesterol in the plasma membrane of different cell types can be directly correlated to the activity of ion channels and transporters, most probably by changing the equilibrium found in the amount of cholesterol bound to membrane proteins and, therefore, promoting

subtle changes in protein structure that affect their function (203,204). More specifically, for the first time 30 years ago, we proposed the thesis that cell calcium extrusion systems such as the calcium pump and associated (Ca^{2+} , Mg^{2+})-ATPase activity from cardiac muscle sarcolemma while being surrounded in the plasma membrane by free cholesterol, effectively modulates its activity. It was shown that the association of the enzyme with high levels of cholesterol decreases its activity and the intracellular calcium concentration starts to increase giving rise to a pathological molecular condition that, in turn, predisposes cells to die or to acquire a neoplastic phenotype (205). In this sense, two members of the so-called calcium antagonist family, felodipine and nefedipine, which interfere with the entrance of calcium to the cell, have been reported to reduce atherosclerosis (206,207).

An interesting work investigating the development of atherosclerosis in high-cholesterol-diet experiments, ApoE knockout mice showed that felodipine as a calcium-channel blocker retards atherogenesis showing a marked increase in the expression of NADPH oxidase subunits (p47phox and Rac-1), nuclear factor- $\kappa\beta$ (NF $\kappa\beta$), phosphoinhibitors of $\kappa\beta$ (p-I $\kappa\beta$), tumor necrosis- α (TNF- α), monocyte chemoattractant protein-1 (MCP-1), and vascular cell-adhesion molecule-1 (VCAM-1) (208).

Another interesting correlation has been described between the concentration of pro-inflammatory molecules and high levels of leptin in obese patients. In this case, the presence of increased concentrations of leptin would favor an amplification of the signal given by transmembrane receptors such as OBR receptors and several members of the AGFR family. This correlation has been observed in the most aggressive forms of epithelial cancers such as prostate cancer (209). Leptin, a peptide hormone secreted by adipocytes that presents a ubiquitous distribution (209) potentiates the secretion of IL-2 and IL-6, TNF- α , stimulates the expression of monocyte chemoattractant protein-1 and promotes the accumulation of reactive oxygen species (210,211). Leptin induces mitochondrial superoxide production and monocyte chemoattractant protein-1 expression in aortic endothelial cells by increasing fatty acids oxidation via protein kinase A (212). Moreover, leptin has been observed to contribute to the process of atherogenesis and used as a predictive value for the development of cardiovascular events independent of the classical and well-known risk factors for atherosclerosis (212). Although the molecular mechanisms that correlate obesity with cancer development and atherogenesis are not clearly elucidated yet, it has been reported that weight loss results in a lower rate of appearance of both atherosclerosis and cancer (213). On the other hand, since adipose tissue macrophages and the way they are activated is very much related to the activation of macrophages in a tumor, much in a similar fashion to what occurs in an atherosclerotic plaque, targeting macrophages might constitute an

efficacious way to regulate common anomalous signaling cascades and the key pro-inflammatory state (214). It has been also interesting to recognize that several therapies potentially useful to treat both atherosclerosis and cancer have been focused on platelet function inhibition given their multifactorial character (multitarget antiplatelet therapies) (215). New approaches for the treatment of inflammation in atherosclerosis and cancer have involved the use of nanomaterials as vehicles to carry different molecules (for example, siRNAs or miRNAs) employing different cell types as targets, where miRNA-155 has proven to be relevant from a clinical point of view in both diseases (216).

As recently tested in the treatment of several types of cancer, the development of vaccines employing a series of protein and peptide targets has proven to be a promising possibility to attack the disease and control its progression (217). In this respect, our group has developed a vaccine of nasal application against the development of atherosclerosis that involves the use of micelle nanoparticles containing the carboxy-end segment of the cholesterol-ester transfer protein (CETP), proven to be effective in preclinical studies to control the disease and now entering its clinical stages (218,219).

Since cells become malignant when a myriad of signals are triggered to prevent the immune system to function properly, one of the goals of immune therapies in cancer treatment has been to find a way capable of blocking these signals facilitating an adequate immune response and therefore the consequent prevention of malignancy development. A CD47-monoclonal antibody has been used in animal models, apparently not only effective against the development of cancer, but also to treat atherosclerosis (220). Apparently, when cells approach their death, the CD47 protein gradually begins to disappear from their surfaces. At this time, cells of the immune system responsible for their phagocytosis become activated. It appears tumor cells have developed a way to maintain or overexpress CD47, avoiding the attack by cells of the immune system. Therefore, the effect found upon the development of atherosclerosis could be also related to the maintenance or overexpression of CD47 in the plasma membrane of macrophages (220).

This type of potential therapeutic strategies shared by both atherosclerosis and cancer, although still difficult nowadays to support a general common pathway for treatment, recent advances in the understanding at the molecular level of both diseases, undoubtedly leads to the fact that in the near future atherogenesis and cancer development will be catalogued as related diseases.

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